

Our Portion

Preparation {Breakfast}

Jeremiah 2:13

“ For my people have committed two evils: They have forsaken me, the fountain of living waters, and have hewed out cisterns for themselves, broken cisterns that can hold no water.”

I've been reading through the book of Jeremiah and this verse has personally been haunting me (in a good and necessary way). How easily we forsake our God, the fountain of living waters and construct for ourselves broken cisterns that can retain nothing!

- Take time to ask the Holy Spirit to bring to mind any ways in which you have forsaken God, the fountain of living waters. Confess those to him, claiming his forgiveness (**1 John 1:9**)
- Ask the Holy Spirit to reveal any “broken cisterns” you have constructed as an attempt to fill you, bring meaning and value to your life, and/or satisfy you in the way only God can. Confess those to the Lord (**pray through Psalm 51:1-12**), claiming his forgiveness. (*might be helpful to think through things that have recently disappointed you or frustrated you or where most of your time and/or thoughts have been spent*)
- Think of the thing you've chosen to fast from. What do you get out of it? How is God better and more abundantly satisfying than that thing?
- Ask the Holy Spirit to cause your heart to desire God above other things this day and to use this fast to draw you closer to him. Surrender this day to the Lord and whatever he would desire to do in your heart through it. Be expectant for him to meet you!

Our Portion (Lunch)

Read these scriptures, dwelling on God being your abundant and sufficient portion. Note anything that stands out to you, encourages you or challenges you.

- **Psalm 36:5-9**

- **Psalm 16**

- **Psalm 73:25-26**

- **Lamentations 3:22-24**

From the passages we've read, take time to state and claim these truths about God (*write any others that you see*)

- You are the fountain of living waters (Jeremiah 2:13)
- Your love is steadfast
- You are righteous
- There is abundance found in your house
- You are the fountain of life
- There is no good apart from you
- You are my chosen portion and my cup
- I have a beautiful inheritance in you
- There is fullness of joy in your presence
- You are my portion and my hope
- There is nothing on earth I desire besides you
- You are the strength of my heart and my portion forever.

Are any of these statements harder for you to claim and/or believe? Why? Confess those to the Lord.

Which of these statements provide encouragement or perspective to a specific situation you are in (be it personal or in ministry)?

What false attitudes, behavior, emotions, or idols come alive in me whenever I forget these truths?

Is there anything you are tempted to add to the Lord to make him a “more sufficient” portion in your life? (fill in the blanks, asking the Holy Spirit to reveal any false portions in your life)

The Lord + _____ is my satisfying portion

How would these truths change my life if I took them seriously—if these truths were fully alive and effective in my inward being?

Read Psalm 63:1-8 as a prayer to the Lord, asking him to create this type of longing in your heart towards the Lord.

Prayer is the way that all the things we believe in and that Christ has won for us actually become our strength. Prayer is the way that truth is worked into your heart to create new instincts, reflexes, and dispositions- Tim Keller

Continuing to earnestly pray for laborers (Dinner)

“And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.”

Matthew 9: 35-38

There is a shortage of laborers for the harvest and God says the solution to this shortage is to **earnestly pray** and **ask** him for laborers. As we look at our scope as well as our strategic priorities, it's clear that we are in need of laborers. Let's ask God to raise up laborers (specifically on our campus) in these areas: (write out any areas or people that come to mind)

Praise God that He is able to do exceedingly and abundantly beyond what we ask or imagine (**Ephesians 3:20-21**).

Praise God that by a word, he has made and can make something out of nothing (**Genesis 1**)